

Web activity 7(4) Planning a PSHE lesson

If you are required to teach an area of PSHE where your knowledge or expertise is limited you should approach planning in the same way you would an unfamiliar area in your subject area.

a) Planning stage

Prepare a PSHE lesson for the tutor group you are attached to. Suitable topics might be:

- bullying
- excessive drinking of alcohol
- HIV/AIDS.

Find out what resources are available and seek the help of the curriculum manager or other experienced teachers in your pastoral team. Familiarize yourself with the topic and the main factual information to be covered. Choose a suitable active-learning approach from your subject teaching that you are comfortable with and which might suit the topic.

Plan each episode of the lesson carefully being clear about your learning objective for each. Share your plan with an experienced teacher or another beginning teacher and try to anticipate questions or reactions that might test your knowledge or that you might not feel at ease answering. Rehearse (preferably with other teachers) possible responses to these questions that deal effectively with the issue and avoid any embarrassment for student or teacher.

b) Teaching stage – general points to note:

- Negotiate ground rules for your lessons.
- Set deadlines for tasks, give reminders of the time.
- Plan start and end of lessons carefully.
- Clarify tasks.
- Build on student responses in a non-censoring way.
- Ensure everyone gets a chance to participate and speak.
- Ensure discussions are not dominated by one or two.
- Don't ask pupils to disclose personal material.

c) Evaluating stage

After teaching, evaluate the session

- Did you fulfil your aims?
- How do you know?

The following list of sources for PSHE resources should support you in this task:

www.teachernet.gov.uk/pshe/

This is the DCSF support site for teachers. It is a comprehensive site from which all guidance documents, extensive resources and publications on all aspects of PSHE can be accessed.

www.healthyschools.gov.uk/

The source of extensive resources for schools, teachers and students. It supports all aspects of the National Healthy Schools Programme.

Lifebytes, www.lifebytes.gov.uk

Mind Body and Soul, www.mindbodysoul.gov.uk

The National Healthy Schools Programme websites aimed at 11–14 and 14–16 year olds. They have cartoon style pages, up-to-date information on health topics, keeping active, including drugs, alcohol and mental and emotional health.

www.bandapilot.org.uk

This is the secondary SEAL website with resources for developing aspects of Social and Emotional Aspects of Learning.

www.avert.org

AVERT is an international AIDS educational charity. This site is devoted to the topic and has much excellent advice and practical resources for teachers to use with students.

www.ncb.org.uk

Resources published by the National Children's Bureau, includes general PSHE guidance and short briefing papers. It provides extensive resource lists for all PSHE topics.

www.sheu.org.uk

This is the site of the Schools Health Education Unit. You can access commissioned reports and surveys on the lifestyles of young people.

Learning outside the classroom – Manifesto available from DfES (now DCSF) publications. Ref: 04232-2006 DOM-EN